

How to Fight Hospital Acquired Infections?

Hospital-acquired infections are among the most detrimental risks for patient safety. This guide provides essential, evidence-based practices to help protect your loved ones during their hospital stay.

2M

Patients develop infections during inpatient stay each year in the US

1/31

Patients will have at least one healthcare-associated infection during their stay

100K

People lose their lives due to a hospital acquired infection annually in the US

Essential Prevention Practices



Practice Oral Care

Tooth brushing (3× daily) supports lung health and reduces infection risk.



Wear Masks

Masks worn by patients and visitors reduce the spread of airborne pathogens.



Keep Hand Hygiene

Wash hands / use a sanitizer before contact and when entering or exiting the room.



Disinfect Surfaces

Use sanitizing wipes regularly to clean all surfaces, including bed rails, tables, cell phone, call bell/TV remote, room chairs, etc.



Report Warning Signs

Alert medical staff immediately if you notice any sign of infection such as fever, redness, or swelling. **Early detection saves lives.**



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